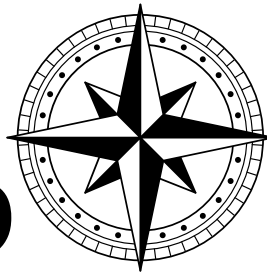


# The HAMMOND



# COMPASS



## A Letter From The Editor...

Jamie Ipsen

### The Town I Never Knew

I've heard many stories about the Hammond that once bustled with shops, families, and daily activity – a town I never knew. By the time I came along, some storefronts were quiet and a few buildings had slipped into disuse. But a town isn't defined only by its past. It's shaped by the people who choose to build its future.

Inside this newsletter, you'll find a survey asking what matters most to YOU as we plan ahead. What buildings, businesses, or green spaces would make life easier, more comfortable, or more fun? What would make you proud to live in Hammond? The HOPE Committee is gathering your ideas so we can move the town forward—not by recreating what once was, but by imagining what Hammond can become.

It is encouraging to see neighbors stepping up, volunteers contributing their time, and new ideas beginning to take shape. Together, we're thinking about a new Hammond—one shaped by the input and involvement of our community.

The town I never knew may live in memories, but the town we're envisioning is taking form day by day. And it belongs to all of us.

## Inside this issue:

- LOCAL EVENTS.....PAGE 1
- HOPE NEWS.....PAGE 2
- PAPER SURVEY.....PAGE 3
- YOUR TOWN.....PAGE 4-7
- SCHOOL NEWS.....PAGE 7
- HAMMOND F&R.....PAGE 8
- FARMERS MRKT.....PAGE 9-10
- MUSEUM.....PAGE 11
- ARTS & MUSIC.....PAGE 12
- HEALTH & FIT.....PAGE 13-14
- CLUB UPDATES.....PAGE 15
- INSPIRATION.....PAGE 16
- HUMOR & FUN.....PAGE 17
- RECIPE & RIVER NEWS...PAGE 18
- NEARBY.....PAGE 19
- LOCAL BUSINESS.....PAGE 20

# LOCAL EVENTS

## JUNE 2026

SUN	MON	TUES	WED	THURS	FRI	SAT
	1 Yoga at the Chippewa Bay Community Center with Christine Tisa 9-10am	2	3 VILLAGE BOARD MEETING 5pm Bridget G Yoga 6-7pm	4	5	6 Jr Grasshopper Baseball 11AM FIREMEN'S FIELD
7	8 Yoga at the Chippewa Bay Community Center with Christine Tisa 9-10am	9	10 FARMERS MARKET 3 - 6pm TOWN BOARD MEETING 6:30pm Bridget G Yoga 6-7pm	11 HOPE MEETING 9am Village Hall	12 NW Tech Graduation 9am	13
14 FLAG DAY	15 Yoga at the Chippewa Bay Community Center with Christine Tisa 9-10am	16 Ruth W Yoga 9am	17 FARMERS MARKET 3 - 6pm PLANNING BOARD MEETING 6:30pm Bridget G Yoga 6-7pm	18 Chair Yoga 9am FOOD PANTRY 9-11am FOOD SENSE - PICK UP 1pm	19 JUNETEENTH	20
21 FATHERS DAY SUMMER SOLTICE	22 Yoga at the Chippewa Bay Community Center with Christine Tisa 9-10am	23 UPK Moving Up Ceremony 8:30am Kindergarden Graduation 9:30 am Ruth W Yoga 9am	24 FARMERS MARKET 3 - 6pm Bridget G Yoga 6-7pm	25 Chair Yoga 9am Last Day of School!	26	27
28 High School Graduation 2 -4 pm	29 STRAWBERRY MOON	30 Ruth W Yoga 9am				

## HOPE NEWS



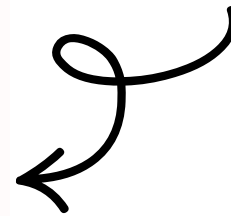
The Hammond Opens Possibilities for Everyone (aka, HOPE) Committee is seeking your input on how to continue improving our town. If you have a gmail account, scan the QR code below to participate in our online survey. If you do not have a gmail account, paper surveys will be available at the Town Hall and Wednesday Farmers Markets (at the pavillion). You can also print, fill out, and bring the survey on the next page to the Town Hall.

Thank you for your feedback!!

## HAMMOND LONG-RANGE DEVELOPMENT SURVEY



**SCAN HERE!**



Help us, help you, and join the next meeting on **Thursday, June 11 at 9am** at the Village Hall or call 315-324-5321 ext 11 for more information.

# **HAMMOND LONG-RANGE DEVELOPMENT SURVEY**

*The Hammond Opens Possibilities for Everyone (aka, HOPE) Committee is seeking your input on how to continue improving our town.*

Significant steps have been taken over the last several years (e.g. new Town Hall, Hammond School upgrades, Hammond Museum improvements, Village pavilion). The Fire Hall, Highway Department Garage, and Hammond Museum have additional upgrades "in the works". Also, St. Lawrence County has agreed to assist with the demolition of the run-down building at 18 S Main St. Now we need your input to shape a longer range town development plan.

**Please check one of the following:**

- Full time Hammond Resident
- Seasonal Hammond Resident
- Frequent Visitor

**Please check up to Six (6) items from the list below that you believe are the most important to make the Town of Hammond attractive to current/new residents as well as visitors:**

- Restaurant or Diner
- Multipurpose Event/Arts Center (at former Opera House) - What would you love to see happen in this space? \_\_\_\_\_
- Gas Station
- Main St. Shopping, please specify ideas \_\_\_\_\_
- Main St. Parking
- Sidewalks extending to Hammond Central School
- Day Care Facility
- Health Care Center (Medical/Dental)
- Full-time Emergency Medical Technician (EMT) Services
- Housing, please specify type \_\_\_\_\_
- Code enforcement on vacant and poorly maintained properties

**Additional sports venues are frequently mentioned as a plus. Please check up to Four (4) items from the list below you consider most important:**

- ATV Trail
- Hiking Trails
- Tennis or Pickleball courts
- Children's Playground
- Ice skating at Pavilion
- Snowmobile Trail
- Indoor recreation center (soccer, basketball)  Teen Center

**Do you believe this survey omitted an important option? If so, please specify:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

*Thank you for participating. The HOPE Committee will share results with the Town Planning Board and through the Hammond Compass publication.*

# TOWN NEWS

## NEWS FROM RON, YOUR TOWN SUPERVISOR:

I especially want to highlight the incredible work being done by our Recreation Director, Beth Lacey, who is now in her third year leading our summer youth recreation programs. Beth has done a tremendous job expanding opportunities for young people in our community by offering t-ball, softball, baseball, soccer, basketball, and cheerleading. Through a strong partnership with Hammond Central School, the recreation program has continued to grow and now includes summer swimming as well.

Beth has successfully secured tens of thousands of dollars in New York State grant funding to purchase new equipment and improve recreational facilities. She truly deserves recognition for her dedication and hard work, especially since these programs provide many of our youth with important opportunities to stay active, involved, and connected during the summer months.

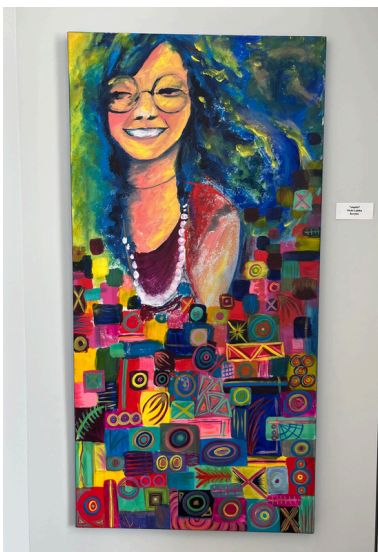
I would also like to recognize the Hammond Area Garden Club, whose members continue to beautify our community with planters throughout the village and in Chippewa Bay. Their work reflects a tremendous sense of community spirit and adds so much to the character of our town.

We are also pleased to provide financial support for the Veterans Banner Program in partnership with the museum group that has worked so hard to organize and coordinate this meaningful tribute.

The Town Board proudly supports these programs and initiatives because they are investments that strengthen and enrich the lives of our residents. They showcase the pride we all share in this community and the remarkable spirit of volunteers who step up, get involved, and help make our town an even better place to call home.

## NEWS FROM PAM, YOUR TOWN CLERK:

- Subscribe to **Town Board updates** at [townofhammondny.gov](http://townofhammondny.gov)
- See **Chippewa Boat Ramp Live Video** at [townofhammondny.gov](http://townofhammondny.gov)
- Get your **fishing and hunting licenses** at the Clerk's office 21 S Main St. Mon-Thurs 930-3pm
- **Primary Election is June 23rd.** Polls are open at the new town hall, 21 S. Main St. 6am-9pm.



Check out the  
**COLOR Exhibit**  
Local art work currently  
on display in the  
**Town Hall**



# TOWN NEWS

## MEMORIAL DAY CEREMONY, MAY 25, 2026

By Donna Demick, Hammond Historian

Despite early-morning rain and uncertainty about the location, the weather cleared in time for a well-attended Memorial Day ceremony on the steps of the old town hall. Hammond firemen stopped traffic so attendees could gather safely in the street. The Hammond Central School band, directed by Ms. Sherman, opened with the Star-Spangled Banner as uniformed firemen held the flag. Mayor Shelly Youngs offered a prayer, and Town Supervisor Ron Bertram spoke about the meaning of the day and the importance of inclusiveness. Hammond sophomore Addison Webster followed with thoughtful reflections on Memorial Day.

As town historian, I shared brief accounts of local soldiers who gave their lives in service: 32 of the 162 who fought in the Civil War, 2 of at least 46 in World War I, and 7 of more than 130 who served in World War II.

Although only five of the 36 second-and third-graders who learned new patriotic songs were able to attend, they performed two pieces—Memorial Day and Our Flag—beautifully. My son-in-law, Master Sergeant Brian Schnell, Senior Military Science Instructor with Clarkson ROTC, spoke next, offering encouragement and honoring the sacrifice of his close friend, Michael Ollis.

Jennifer McGregor recognized sponsors of the Hammond Hometown Heroes project: Citizens Telephone Company, Amy Fuller, LP Thompson Insurance Agency, Truax Insurance Agency, and Vintage Doors, Inc. and read the names on the 10 new banners, with Ted Elk ringing the bell after each one. Several families of these veterans were present.

Taps played as the firemen lowered and raised the flag. The ceremony, lasting less than half an hour, concluded with attendees heading to the firemen's chicken BBQ or family gatherings—a meaningful and heartfelt tribute to those who gave their lives for our country.



**Civil War:** William Webster, Sgt., Army

**WW II:** Franklin Barney, Sgt. Army

Charles Dickhaut, Jr., Sgt., Army

Gerald Gallagher, Tech4, Army

Jere Douglas Gilmour, Cpt., Navy (& Korean War)

Arthur Claude Smith, Sgt., Army

F. Kenneth Klock, Sgt., Army (killed in Austria, 1944)

**Korean War:** Lawrence "Stub" Phillips, ET3, Navy

**Vietnam Conflict:** Gary Bass, Sgt., Air Force

George Jolly, EN3, Navy

# TOWN NEWS

## TOWN RECREATION DEPARTMENT

BETH LACEY - DIRECTOR

### T-Ball (Pre-K & K): July

We are also looking for volunteer coaches and referees for Fall soccer!  
Anyone interested should contact Beth Lacey - [townofhammondrecreation@gmail.com](mailto:townofhammondrecreation@gmail.com)



**Enroll**  
**Now!**

**KIDS**

**SWIM LESSONS**

- 5-12 Year Olds
- Tuesday's - Thursday's: July 7-July 30
- 1:00-3:00 PM
- @ Keewaydin State Park
- Forms Backpacked Home with K-6 students
- Hammond School Pick-up 12:30 PM
- Hammond School Drop-off 3:30 PM
- Swimsuit, Towel, Footwear

For Questions or Forms - Contact: Carol Woodcock  
Recreation Director (315) 375-4148



## TOWN NEWS

### HAMMOND FOOD PANTRY

New volunteers are always welcome. The Food Pantry needs help 3 times per month: unloading food pallets into the storage building, moving food between the storage building and fire hall, as well as assisting with stocking and/or shopping with clients on distribution dates. If you are looking for some meaningful community service, please call Dan @518-603-5583.



## SCHOOL NEWS

Congratulations to our 3 school district retirees: Tammy Hodgdon, Lisa Rosenbarker and Penny Slate-Trapp. We appreciate the dedication, love and education they have provided our Red Devils and wish them all the best in their next chapter!

We also wish Lauren Morley a smooth transition into her higher education leadership role followed by great success and achievement. We know you'll go far!

A reminder that our HCS Walking Trail is open in the morning from Dawn until 8:00 am and then from 3:15 pm until Dusk, Monday - Friday. On the weekends and during the summer months the walking trail and playground are open for use from Dawn-Dusk for public use.



HAMMOND CENTRAL SCHOOL DISTRICT NEWSLETTER 2026

# HAMMOND FIRE & RESCUE

BY NATE WEIDEL

We're gearing up for our Annual Field Day Auction and are looking for donated **auction items** from our amazing community! If you, your family, or your business would like to contribute an item, we'd love to include it. Every donation helps support Hammond Fire & Rescue and the work we do for our community.

*To donate, please contact: Cody Bickelhaupt – (315) 681-1148 or Larry Foster (315)324-5966. Or send us a message on Facebook.*



### FLOAT ENTRIES WANTED! Saturday, July 18

Hammond Fire & Rescue invites individuals, families, businesses, and community groups to enter floats in this year's Field Day Parade.

Bring your creativity, show your community pride, and help make this year's parade our biggest yet – there are prizes to be won!

**Contact: Steve Trenton – 585-750-1426**  
**PATRIOTIC • THEMED • JUST PLAIN FUN**

### DINNERS INCLUDE:

1/2 chicken, potato salad, baked beans, coleslaw, and a roll, \$15.00. 1/4 chicken dinner meal is \$10.

***Takeout or dine in.***

*Pre-Orders preferred as we have a limited number of dinners to sell!*

**Text or call 315-681-5891** to pre-order your dinners. Or send us a Facebook message.



### Field Day Raffle Tickets Available NOW

*Win a Bobcat ZT3000. A 61" Deck, 24 Horsepower, Zero Turn Lawn Mower.*

\$10 per ticket with only 1,000 tickets available for sale. Winner to be drawn at our annual Field Day Celebration on Saturday July 18th.

Winner need not be present to win.

**For tickets contact any fire department member or send us a Facebook message (Hammond Fire and Rescue).**

# FARMERS' & ARTISANS' MARKET

## Vendor Spotlights

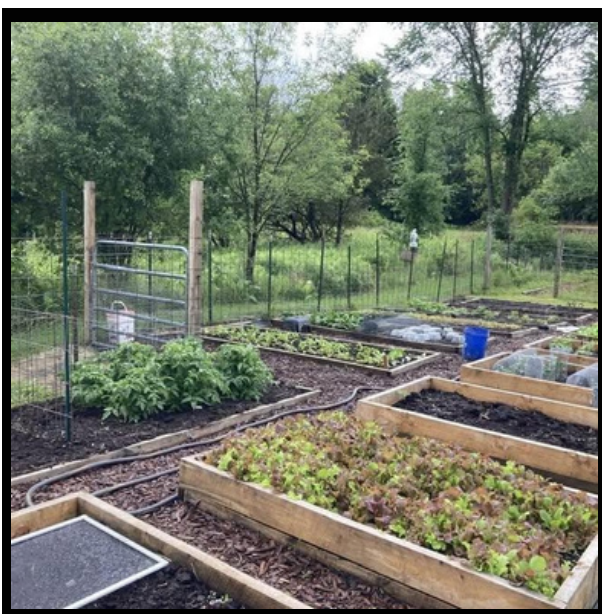
BY BROOKE STARK AND LORI THISTLE

*Correction: Last month's issue incorrectly stated that Melanie Connor's soaps are sold at Picker's Dream in Gouverneur. They are actually sold at Picken's Hall in Heuvelton.*

### ENNISBROOKE FARM

Kevin Ennis and Brooke Stark moved to Hammond from Boston in 1990 to start a hobby farm and a family. Although a novice, Kevin began growing food for a CSA while Brooke taught school and helped with the gardening during the summers. Over the years, they produced vegetables and fruits as well as raising dairy goats, chickens and three children; they eventually joined the farmers' market in 2013. Brooke became a board member in the early days of the market, and later became co-manager with Lori Thistle. Ennisbrooke Farm has become one of three produce vendors at the market. In addition to many fresh garden vegetables, they also have provided Kevin's home-baked baguettes, focaccia and cookies (cookies will not be offered this season). They are branching out with blueberries, honeyberries, cherries and currants.

While Kevin doesn't sell at the market, Brooke enjoys the fun and sociability on market days, especially forming friendships with other vendors and regular patrons. They say it has been rewarding watching the market grow and become a destination while being able to provide customers with fresh, locally grown vegetables and fruits.



# FARMERS' & ARTISANS' MARKET

## DEBEEZ DEZIGNZ



One of our popular crafters from 2024 is back with us this year, Debbie Nygard with Debeez Dezinznz. Debbie makes beautiful, unique decoupage gifts of all kinds, and is willing to take orders for customers with special requests. Patrons have enjoyed shopping at her table and watching her do her work live and in person!

Debbie became interested in the decoupage technique many years ago, but became more inspired after seeing some crafters on Pinterest and joining a Facebook group, both of which gave her ideas for her own items. She began making her crafts in earnest about four years ago. The market is looking forward to Debbie's return. She says she really loves the "family feel" with the vendors, who are always right there to step up when someone needs a hand, and also the positive input she gets from new and returning customers alike. You will also be able to purchase Debbie's decoupage crafts at the Scottish Festival in July, and possibly on Etsy in the future

## BAKE MY DAY

Sarah Massa will be joining the Market for her third season, making her delicious (and huge) sourdough loaves and cookies. She began her baking when she and her oldest son went to a trading event, and he traded for a batch of sourdough starter. With baking being a passion, Sarah began her business as a result. She incorporates a variety of ingredients and flavors in her loaves. Some of Sarah's children attend the Market with her each week.

While Sarah only sells directly at the Hammond Market, she delivers to The Cheese Board Company in Ogdensburg and Build a Buddy in Alex Bay every week. She hopes that by early summer she will also have her products for sale on her front porch in the village so people can stop by and browse.

Of her time at the Hammond Market, Sarah says, "I had little to no sales experience before the Hammond Market, and was welcomed in very well. I absolutely love doing it every year and it's something my kids enjoy as well." Stop by her table this summer!



# HAMMOND HISTORICAL MUSEUM

**HAMMOND SCOTTISH FESTIVAL**

Scottish Festival Hammond, N.Y.

**JULY 11, 2026**

- LIVE MUSIC
- SCOTTISH DANCING
- HIGHLAND GAMES
- KIDS' GAMES
- PETTING ZOO
- PHOTO BOOTH (\$5)
- 1800S DEMOS
- CRAFT VENDORS
- FOOD TRUCKS
- 5K KILT RUN/WALK

HAMMONDMUSEUM.COM

ADMISSION: \$10 / ADULT  
\$5 / AGES 6 - 16  
FREE / 5 & UNDER

HAMMOND SCOTTISH FESTIVAL

HAMMONDSCOTFEST

**The Scottish Festival is a celebration of Scottish heritage, culture, and tradition!**

**Highland Games & Athletic Competitions** - watch incredible athletes throw heavy things

**Bagpipes & Live Music** - the sound of the Highlands, live and loud

**Clan Tents & Cultural Exhibits** - discover your Scottish roots or learn something new

**Food, Vendors & More** - kilts, crafts, and everything in between

**FUN FOR THE WHOLE FAMILY!**

**Hammond Historical Museum Scottish Festival Raffle**

JOIN OUR EXCITING **RAFFLE!** JULY 11<sup>TH</sup>, 2026

- ONE (1) NIGHT STAY FOR TWO (2) AT SINGER CASTLE'S ROYAL SUITE**  
\$850 Value - Donated by Dark Island Tours, Inc.
- ONE (1) NIGHT STAY & DINNER FOR TWO (2) AT THE BRAE LOCH INN**  
Donated by Jim & Val Barr, The Brae Loch Inn
- \$500 CASH**  
Donated by Uncle Sam Boat Tours, Alex Bay
- \$500 CASH**  
Donated by St. Lawrence Federal Credit Union
- KAYAK**  
Donated by LP Thompson Insurance
- KOBALT MINI TOOL BOXES & TOOLS**  
Donated by Ogdensburg Lowes

**TICKETS: \$10 EACH**

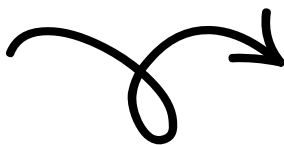
**GET YOUR TICKETS NOW!**  
Purchase tickets at the Museum, on our website, from a Committee Member - or message us!

hammondmuseum.com

Hammond Scottish Festival hammondscotfest

**Save this post, share it with your friends and family, and start making plans. This is a community event worth celebrating!**

**Raffle tickets still available!**



# ARTS & MUSIC

## The Hammond Ukulele Group (HUGs)



Come sing with us at the Farmers Markets!  
Starting June 24th

## The Iva Smith Gallery - The Yellow Barn

### The Iva Smith Memorial Gallery of Fine Art **GRAND OPENING!** **THE PLACES WE CALL HOME**

Sunday, July 12, 5 PM

Joan Applebaum • Gretchen Starks-Martin  
Paul Saphier • Catherine LaPointe-Vollmer • Gary Walts



Joan Applebaum

Gary Walts

Gretchen Starks-Martin



Paul Saphier

Catherine LaPointe-Vollmer

Paintings by **Paul Saphier** inspired by his passionate love of the North Country and the St. Lawrence River, **SACRED RIVER**. The eloquent photography of **Gary Walts**, **THE FARM FAMILY AND OTHER FOLKS: THE COMPASSIONATE LENS OF GARY WALTS**. The paintings of **Joan Applebaum** and the decorative gourds of **Gretchen Starks-Martin** in a collaborative exhibition, **HEARTBEAT OF NATURE: CONNECTED BY WATER**. The radiant plein air pastel paintings of **Catherine LaPointe-Vollmer** in **NORTHERN TALES IN TEXTURE & LIGHT**.  
**COME ONE!!! COME ALL!!!**

### IVA SMITH MEMORIAL GALLERY HOURS:

Wednesday  
10am - 5pm  
Friday  
1pm - 5pm  
Saturday  
10am - 5pm

The Iva Smith  
Memorial Gallery  
of Fine Art



627 State Highway 37  
Hammond, NY 13646  
718.753.7947  
www.ivasmithgallery.com

# HEALTH & FITNESS

## The Wellness Thread

RUTH WIDRIG



### The Soft Opening of Summer: Savoring the Simple

June in the North Country feels like a long exhale. The air warms, the days stretch wide, and everything seems to shimmer with possibility. This is the month when life opens – not all at once, but gently, like a window cracked to let in the first true summer breeze.

June invites us to slow down just enough to notice the sweetness around us: the early berries, the warm evenings, the sound of wind moving through fullleaved trees. It’s a season that reminds us that joy doesn’t have to be grand to be meaningful – it can be small, quiet, and woven into every day.

If you haven’t been very active through the winter (and truly, many of us haven’t), June is a beautiful time to begin again – slowly, kindly, and with a longview mindset. You don’t need to “make up for lost time.” You only need to start where you are. Let June be a month of savoring – slowly, gently, and with gratitude.

### EARLY WARM WEATHER PRACTICES: Start Small, Move Gently

- **The FiveMinute Morning WarmUp**

A simple way to wake the body without overwhelm. Shoulder rolls, gentle neck circles, slow side stretches, and a few steps in place. Five minutes is enough to build consistency.

- **The “HalfWalk” Practice**

Whatever distance you think you “should” walk – cut it in half. Small steps build stamina faster than big sporadic efforts.

- **SunnySide Up Stretching**

Stand where the sun hits your body and stretch the side that feels tight. Warm muscles open more easily.

- **The 1% Rule**

Increase movement by just 1% each week – a few extra minutes, a few extra reps. Slow growth is sustainable growth.

- **Stop Before You’re Tired**

End your movement session while you still feel good. It builds positive associations and keeps you coming back.

**COMMUNITY CHALLENGE!!!**  
*June Bingo*  
 Play at the dinner table with family members!



<p>Drink water outside</p>	<p>Watch a sunset</p>	<p>Walk a new path</p>
<p>Pick a wildflower</p>	<p>Stretch in the sunshine</p>	<p>Say hello to a neighbor</p>
<p>Eat something colorful</p>	<p>Take a slow breath</p>	<p>Savor a small joy</p>

## HEALTH & FITNESS

### Shape Up!

BY BROOKE STARK

*Are you ready to do some stretching? Yoga is a wonderful exercise for increasing flexibility, heart health, and core and muscle strength. Yoga also can reduce stress and anxiety and improve mindfulness. We are fortunate to have local instructors ready to guide you at any level. All you need is a mat, comfortable clothes and water.*

#### **Yoga at the Chippewa Bay Community Center with Christine Tisa**

Classes will be offered Monday-Friday from 9:00-10:00 am beginning June 1, and ending September 28. The Community Center is located at 1172 Main Street in Chippewa Bay, next door to the Post Office. The fee per class is \$10.00. Christine teaches all levels and exercises with modifications. She says she really appreciates the Community Center as “a rustic, quaint space to stretch and to grow a community.”

#### **Bridget Gardner Gordinier Yoga Classes**

Bridget will be offering yoga classes in Hammond at the Old Town Hall Library on Wednesday evenings from 6:00-7:00 pm. beginning on June 3. The cost is \$10 per class, and she will be donating 10% back to the H.O.P.E. Committee. This is “gentle yoga” and suitable for all ages and levels. Bring your mat and water bottle, and join in the fun!

#### **Ruth Widrug Yoga at the Blue Goose Studio**

Ruth’s class is suitable for all levels and is a donation based, self determined offering. Begins June 16 at 9am and will run every Tuesday until mid October. Bring a mat and a water bottle.

#### **Chair Yoga with Ruth**

Gentle stretches, increase flexibility, reduce stress. Begins Thursdays June 18, 8:30am at the Iva Smith Memorial Gallery, 627 State Highway 37, Hammond (aka The Yellow Barn)

### DID YOU KNOW?

#### **International Yoga Day Sunday, June 21, 2026**

This date marks the 12th global observance of the event, which was established by the United Nations to celebrate physical, mental, and spiritual well-being.

The word *yoga* means to unite or to join. Yoga symbolizes the union of body and consciousness, a philosophy that originated in India about 5,000 years ago. The original goals of yoga were to promote spiritual growth and to learn to master one's physical and mental body. Today, two billion people around the world do yoga, some in the form of exercise, and others to relieve stress. Unsurprisingly, they have all discovered the health benefits of yoga, which attributes to the growing popularity of yoga.

*Amy Monette*



## GROUPS & CLUBS

### **GARDEN CLUB - NANCY MISENKO**

A heartfelt thank-you to all our Hammond-area customers for turning out on sale day and helping make this year's annual plant sale and auction another wonderful success. We are also deeply grateful to the many businesses, local organizations, and generous individuals who donated items for the auction. And to our dedicated Hagsters—thank you for your hard work and enthusiasm. Your efforts make this event possible and allow HAGC to continue giving back to our community in so many meaningful ways.



### **LET'S GET LIT - BOOK CLUB**

BETH LACEY

Our group meets at the end of each month to discuss books, life, and participate in fun activities.

New members are always welcome! For updates and event locations, please join our Facebook group: <https://www.facebook.com/share/g/1Hxdvhgkkw>.

Next meeting is June 30<sup>th</sup> - the book is "Our Perfect Storm" by Carley Fortune.

# INSPIRATION

## **The Summer Day**

by Mary Oliver

*Who made the world?*

*Who made the swan, and the black bear?*

*Who made the grasshopper?*

*This grasshopper, I mean -*

*the one who has flung herself out of the grass, the one who is eating sugar out of my hand, who is moving her jaws back and forth instead of up and down- who is gazing around with her enormous and complicated eyes.*

*Now she lifts her pale forearms and thoroughly washes her face.*

*Now she snaps her wings open, and floats away.*

*I don't know exactly what a prayer is.*

*I do know how to pay attention, how to fall down into the grass, how to kneel in the grass, how to be idle and blessed, how to stroll through the fields, which is what I have been doing all day.*

*Tell me, what else should I have done?*

*Doesn't everything die at last, and too soon?*

*Tell me, what is it you plan to do*

*With your one wild and precious life?*

# HUMOR & FUN

## RIDDLE 1:

You see me once in June, twice in November, and not at all in May What am I?

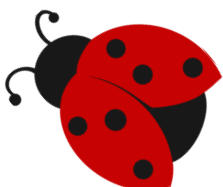
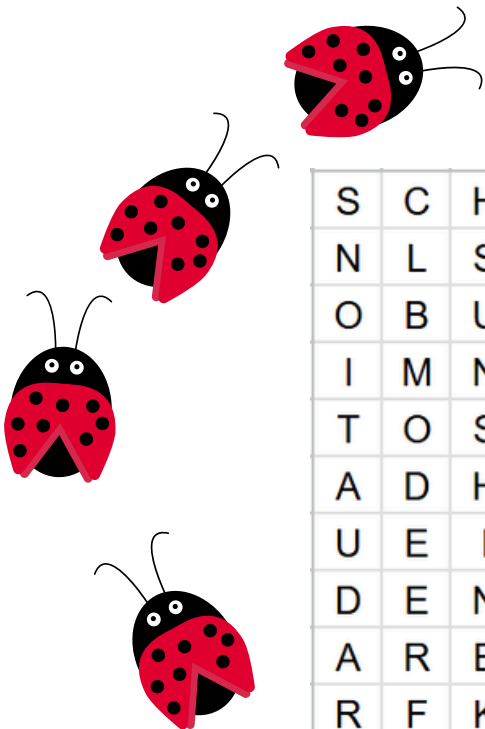
## RIDDLE 2:

Stacy's mother had four children. The first was named April, the second was May, and the third was June. What was the name of the fourth child?

## JUNE WORDSEARCH

S	C	H	O	O	L	S	O	U	T	G	I	V	M
N	L	S	S	F	A	T	H	E	R	S	D	A	Y
O	B	U	O	W	A	R	M	T	H	H	N	C	A
I	M	N	L	E	F	A	J	O	I	O	P	A	D
T	O	S	S	R	E	W	O	L	F	R	L	T	G
A	D	H	T	O	C	B	E	S	N	T	A	I	A
U	E	I	I	S	W	E	H	D	L	S	Y	O	L
D	E	N	C	E	N	R	G	A	D	R	P	N	F
A	R	E	E	U	L	R	A	E	P	I	T	D	E
R	F	K	J	O	V	I	M	O	W	I	N	G	N
G	R	A	S	S	N	E	Y	A	J	C	E	G	I
D	L	O	N	G	E	S	T	R	E	M	M	U	S

Vacation	Warmth	Schools out	Solstice
Pearl	Flowers	Graduations	Rose
Fathers Day	Shorts	Flag Day	Grass
Weddings	Freedom	Mowing	Longest
Strawberries	Sunshine	Summer	June



# RECIPES

## CHIA CHERRY SMOOTHIE

**PREP TIME:** 5 minutes

**COOK TIME:** 5 minutes

**CHILL TIME:** 30 minutes

### Ingredients - *For the chia pudding*

- ½ cup almond milk
- 3 tablespoons chia seeds
- 1 teaspoon honey

### Ingredients - *For the smoothie*

- 1 cup Cherries
- 1 cup almond milk
- ½ cup plain Greek yogurt
- 2 tablespoons chia seeds
- 1 teaspoon vanilla extract



**MAKES 2 SERVINGS**  
**BY JESSICA MERCHANT**

### DIRECTIONS:

1. Whisk together the milk, chia seeds, and honey in the bottom of a glass, and place it in the fridge for 30 minutes or overnight.
2. Combine all the smoothie ingredients together in the blender and blend until smooth and puréed.
3. Pour the smoothie mixture over the chia pudding.
4. Top it with the cherries, chia, and chocolate, if desired.

# RIVER NEWS



## 2026 BOAT AMERICA CLASS SCHEDULE

As of January 1, 2025, all boat operators in NYS are required to complete a boater safety course before operating their motorized vessel. "Boat America" fulfills this requirement and will be presented by the United States Coast Guard Auxiliary.

- June 20 Lisbon Beach Campground 8am - 5pm (all day class with lunch) 9975 State Highway 37 Ogdensburg
- July 15 & 16 Ogdensburg Police Department 8 am - Noon (each day) 800 Park Street Ogdensburg
- August 13 & 14 Hammond School, 51 S. Main Street, Hammond
- Aug. 19 & 20 Black Lake Fish and Game Club 5 pm - 9 pm (both nights) 1 Gilmour Road Ogdensburg

Tuition is **\$35.00** per person with family, student scholarships and group rates available.

**Preregistration is required.**

To register, email [cgauxogdensburg@gmail.com](mailto:cgauxogdensburg@gmail.com).

For information about additional classes, call **315-605-8041**.

# NEARBY

## CAR-B-QUE

### 22ND ANNUAL CLASSIC CAR SHOW - June 27 - 10am - 4pm

Fort La Presentation Association  
22 Albany Avenue - Ogdensburg, NY

Car-B-Que is a classic car show with food, vendors, fun for families and a great way to kick off the summer in Ogdensburg, NY. This annual event hosts classic cars, a touch-a-truck, kids games, live music, food trucks, vendors, raffles and MORE! Admission is **FREE** to the public. New this year -- we invite all antique dealers and collectible treasure vendors to join us!

#### Trophy Awards & Sponsors

- Best 50's Car by Carlisle Law Firm, P.C.
- Best 60's Car by Bradley's Service Station
- Best Under 25 by McLearn's Hearing Aids
- Best Muscle Car by Bertrand's Construction
- Best Mopar by Blevins Brothers
- Best Orphan Car by Truax Insurance Agency
- Best Sports Car by Regan's Automotive
- Best Classic by P&T Car and Pet Wash, LLC
- Best Street Rod by Phillip's Diner
- Best Foreign by Rishe's Auto
- Best Paint by DeFelsko
- Best GM by Bill Rapp Chevrolet
- Best Ford by Kimro's Medicine Place
- Best Model A Ford by Carrothers & Clough Law Firm
- Best Motorcycle by North Country Savings Bank
- Best Snowmobile by Wilder Forsythe Insurance
- Most Unique by Strader-Ferris International
- Oldest Car by Jones Insurance Agency
- Club Participation by Ed-Med Federal Credit Union
- Ladies Choice by Jones Insurance Agency
- People's Choice by Latham's Auto
- Best Truck in Memory of Wayne Izzo by Howland Pump
- Best Corvette in Memory of Wayne Izzo by Dr. Michele Vondra-Harwood
- In Memory of Don Morley by Underwater Discoveries
- Best of Show by St. Lawrence Federal Credit Union
- Best Mopar in Memory of Wayne Izzo by Jones Insurance Agency
- Longest Distance by Blue Heron Realty (cash prize)
- Hard Luck by Pinto, Mucenski, Hooper and VanHouse, CPA (cash prize)
- STLC Chamber's Choice by STLC Chamber of Commerce



## LOCAL BUSINESSES



The **Amish Shed Express** is a Hammond-based shed delivery business specializing in shed sales and on-site yard moves. Our mule trailer can handle sheds from 12 to 44 feet, and allows us to navigate tight backyards and hard-to-reach areas. We work with Amish builders in LaFargeville, Hammond, Heuvelton, and other New York communities, and we deliver throughout New York and into the New England states.

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**ROGERS**  
**CONTRACTING**  
 (315) 771-4072

**HAMMOND**  
**MACHINE INC.**  
*A ROGERS FAMILY COMPANY*

**CUSTOM WELDING, FABRICATION,  
 DOCKS, AGRICULTURAL PRODUCTS  
 AND HYDRAULIC WORK**

**315-324-6196**



**IF YOU WOULD LIKE YOUR BUSINESS INFORMATION TO  
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 HAMMONDCOMPASS@GMAIL.COM**